## MODERN VIDYA NIKETAN ARAVALI HILLS



## FROM THE EDITOR'S DESK

Where there is life, there is hope, Where there is hope, there are dreams, Where there are vivid dreams repeated, They become goals

## Dear Parent

Greetings to you!
We at MVN believe that children learn best from interactive and hands on experiences with the support of caring educators. For our young learners particularly, quality in person education is crucial to help them develop physically, mentally, socially and emotionally and sets them up for a lifetime of learning. keeping in view the same,the school reopened for the new academic year on April 1, 2022 bringing back millions of smiles on the faces of our tiny tots and teachers.
Continuing with the legacy of our different learning techniques, we started the new session with exclusively designed Booster Classes. Through these classes, all the previously done topics and concepts were recapitulated using interesting fun filled activities and worksheets.
To help our students engage, interact and apply concepts to relevant experiences, various celebrations and activities were conducted in the months of April, May and Jund. Here is the glimpse of the same.

ACTIVITIES

## WORLD HEALTH DAY

To instil in students, the importance of maintaining good health, the World Health Day was observed on 7th April ' 22 by the students of Grade 1,2 and 3. The teachers emphasized on the benefits of including fruits and vegetables in their daily meals. The students created their own colourful, beautiful platters with cut fruits. They were also motivated to follow a healthy diet to lead a healthy life. Students of Grade 1 learnt about the benefits of including different coloured fruits in their fruit box through "Let's eat the rainbow "activity.




## 'HEALTH IS WEALTH'

## Celebrating the World Health Day

"You cannot enjoy wealth, if you are not in good health. Remember health is wealth."
In an effort to encourage our young learners to follow a balanced diet and inculcate the spirit of 'Health is Wealth', a special activity was organised for the students of Grade IV-V on th April, the World Health Day. Every year, this day is celebrated to raise awareness about the ongoing health issues. Our young minds engaged themselves wholeheartedly in finding out the best possible ways of including the most nutrient-packed food items from each food group to build a weekly balanced diet chart for themselves. They not only presented their healthy meal plans in innovative ways but also shared their unique ideas related to the topic in the class. All the children participated with great zeal to promote healthy living for the wellbeing of our planet.


 Henrik Clarke.
Indian culture is built upon centuries of history and heritage, and is well- nurtured by the Indians in all its diverse forms. It is a source of pride and strength for us. India stands as an epitome of Gandhiji's words that "A nation's culture resides in the heart and in the soul of its people." World Heritage Day is celebrated on April 18 every year to promote cultural heritage and raise cognizance about its diversity. The students of Grade IV and V created beautiful collages showcasing the magnificent Indian heritage sites. This turned out to be an interesting activity which motivated the students to reminisce our past and understand the roots of our nation.


To commemorate Earth Day on 22nd April, the students of Grade1,2 and 3 were engrossed in an interactive activity. They wrote about different ways in which they can contribute to make Earth a better place to live. They also wrote short and sweet slogans on mother Earth. Our tiny tots of Grade 1 celebrated Earth's birthday with gifts of -saving water electricity, growing trees and going green along with their colourful cards. It was an enriching experience for them.



## Celebrating the World Earth Day

"Often when you think you're at the end of something, you're at the beginning of something else." - Fred Rogers While throwing away an unwanted object, pause for a moment, and think of giving it a second 'life' with more 'value'. The students of Grade IV and V expanded the lifespan of such objects and saved the earth's resources by participating in an ecofriendly activity on the occasion of the World Earth Day. Earth Day is celebrated annually on April 22 to spread awareness about environmental protection and acknowledge the global climate crisis. With each passing year, the climate is getting worse, so it's our duty to help save and conserve our Mother Nature. It was a visual treat to see how the students creatively upcycled the plastic bottles and containers available at home into useful and decorative planters. The motive was to inculcate the children with the values of conservation and encourage them to 'Reduce, Reuse, Recycle'. The activity culminated with a plantation drive, wherein the students planted saplings in their self-created planters, keeping up with the motto Green Earth-Clean Earth.


## GREEN EARTH * CLEAN EARTH




## CALLIGRAPHY COMPETITION

To encourage the students to write neatly and present the content in a proper manner, a calligraphy competition was organised for the students of Grade 2 and 3. The students participated with full and enthusiasm and showcased their creativity through their writing skills in both Hindi and English languages. The winners were awarded certificates. Indeed, calligraphy teaches students the beauty of language.



To pay a tribute to every magical gesture of the lovely mothers, the students of Grade 1,2 and 3 were engaged in card and photo frame making activities on the occasion of Mother's Day. Students of Grade 1 created beautiful photoframes for their mothers. The young learners used their creative ideas and prepared beautiful cards for their mothers. They wrote heart warming messages inside the cards to further strengthen this ever lasting bond of love and affection




## CELAERATINC MOTHER'S DAY

"Behind all your stories is always your mother's story, because hers is where yours begins." Mitch Albom
She's your first friend, your best friend, and your friend forever. Her love for you is unconditional and special. To mark the eternal bond of love and affection between a child and a mother, Mother's Day was celebrated by the students of Grade IV-V on $8^{\text {th }}$ May. Depicting their gratitude and appreciation for their mothers, they created amazing cards which were truly an amalgamation of innovation and heart-warming emotion. The outcome of their efforts was marvellous and emphasised the presence of mothers in everyone's life. Each card was special and had a different story to tell.





Students of Grade 2 and 3 participated enthusiastically in a role play activity based on the theme Community Helpers. They used the tools of various helpers and introduced themselves as doctors, policemen,firemen, teachers etc. They enacted their roles with props like stethoscope, fire extinguishers etc. They enjoyed the enactment and displayed immense self confidence while speaking.




## LEARNING IS FUN



Superior learning takes place when classroom experiences are enjoyable and relevant to students' lives and interests.

Academics were great fun for the children of Grade 1 as they played the Nouns game and created a Nouns Caterpillar to gain an understanding of Nouns. They also got a hang of tables by enjoying grouping objects activity. Children learnt about sense organs in a practical fun way and enjoyed the process.


## WORKSHOP

 OLe
## GOOD TOUCh\&

## BAD TOUCH



Safety of children is a priority at MVN. Students of Grade 1,2 and 3 attended a workshop conducted by our school's child counsellor. She apprised the children about Good Touch / Bad Touch. They learnt how they can be safe. Such workshops help them get rid of their inhibition in discussing anything that



## BOOKS GIVE

A SOUL TO THE UNIVERSE, WINGS TO THE MIND, FLIGHT TO THE
IMAGINATION, AND LIFE TO EVERYTHING. .....Plato......

Nothing else gives more joy to a person than a book. Books are unique portable magic. Children love reading story books as they travel to their dream world through them. No wonder it is said that reading is like dreaming with open eyes.
It was a wonderful sight to watch students of MVN Aravali Hills so happily engrossed at exploring books of their choice at the Book Fair held at the school on 7th May 2022. Parents too joined in the fun and were seen equally enthusiastic with their kids.


## WORLD ENVIRONMENT DAY




To create awareness about the essential need of providing protection to our mother nature, students of Grade 2 \& 3 zealously observed the World Environment Day on June 5.They joined hands to bring a positive change to make Planet Earth a much healthier, greener and happier place to live by pledging to grow plants \& gift a plant whenever possible. They made beautiful posters on Mother Earth and planted saplings. As the pollution is increasing day by day, our green warriors are on a mission to revive our environment.



The little scholars of Grade 1,2 \& 3 celebrated Father's Day in a spectacular way. They paid filial respect and gratitude to their daddies and made them feel special. Children made cards, arranged small treats, danced to tunes and gave gifts to their beloved fathers. It was indeed a touching occasion.

## FATHER'S DAY


"The quality of a father can be seen in the goals, dreams and aspirations he sets not only for himself but for his family." Reed Markham
Father's Day is a celebration to honour our superheroes, who work hard to keep their families physically and financially healthy. The students of grade IV and V came forward to express their love and gratitude towards their fathers through several activities. From preparing their fathers' favourite dishes, playing their favourite sport, watching movies together to making innumerable memories of great bonding and togetherness, they definitely made their superheroes feel very special and shared the collages of the precious moments
 which made their day a truly memorable one.



## INTERNATIONAL YOGA DAY




Yoga is an ancient practice that builds strength and awareness and brings together the mind and the body. It includes breathing exercises, meditation and asanas or poses that stretch and flex various muscle groups. These asanas are designed to encourage relaxation and reduce stress.
The International Day of Yoga is being observed annually on 21st June.Students of Grade 1,2 \& 3 too celebrated this day with great enthusiasm with their families.
They understood the benefits of yoga and pledged to include it in their daily routine.



Celebrating the World Book Dav
"Characters are the lifeblood of any good book." - Craig Hart
The students of Grade IV and V celebrated the World Book Day through a fun activity that inspired them to explore the magic of books. Every year, World Book Day is observed on 23rd April to promote the enjoyment of books and reading. A Fancy Dress Competition based on various storybook characters was held on 28th April. Children, dressed in brightly coloured costumes, presented monologues of their favourite characters from various fiction and non-fiction stories. The competition not only blended learning with fun but also helped in developing confidence in the students. Our young artists as beautiful fairies, superheroes, princes and princesses left us enthralled with their engrossing acts. The activity sparked their imagination and they were successful in bringing a plethora of legendary characters to life.



## CELEBRATING THE INTERNATIONAL DAY OF FAMILIES

"The bond that links your true family is not one of blood, but of respect and joy in each other's life." - Richard Bach.
In ar endeavour to turn this bonding into cherishing moments, the students of Grade IV-V engaged in the Creative Coupons activity on the occasion of the International Day of Families. Founded by the United Nations in 1994, the International Day of Families is observed on May 15 every year to honour the importance of families. Families are the foundation of society. The students mad ath ir family members feel special through this innoyative way of creating ebup ons with acts of kindness. Their words of gratitude expresse their land strengthened the bond they share with them.



## ELOCUTION - MY CULTURE

## Celewraing Howd Gnfural Divercity Dar

Cultural diversity is a stimulator of creativity. Indian culture is the most unique and colourful culture on the planet. Many sources describe it as "Sa Prathama Sanskrati Vishvavara"- the first and the supreme culture in the world. Our country is quite diverse and is home to several communities, each of whom has their own culture and traditions. Celebrating the 'World Cultural Diversity Day', the students of Grade IV and V participated in an Elocution Competition on the topic 'My Culture'. The competition played an important role in exhibiting their oratory skills and developing their self-expression. It not only helped them to overcome the stage fear but also filled them with pride in the richness and magnanimity of their own cultural diversity.



ASSEMBIES

Success begins with hardwork, happiness begins with good health.

Dr.T.P. Chia
World Health Organization initiated the celebration of the World Health Day on April 7 every year in 1948.
Since then, the day was brought into effect to highlight the importance of universal health. The students of Grade-2 \& 3 of MVN,Aravali Hills were apprised with the significance of this day through an interactive assembly where students spoke with elan about the benefits of good health as well as some simple yet effective steps to remain healthy. They also emphasized on the benefits of including fruits \& vegetables in our daily meals.



## WELCOME ASSEMBLY AND WORLD HEALTH DAY

This was the most awaited assembly for both the teachers and the taught of Grade IV\& V. It broke the monotony of the two years' hiatus. The children were eagerly waiting to perform their heart out on stage. The vibrance of the day was well-felt when the students began the assembly by seeking the blessings from the Almighty. They accentuated the importance of eating healthy food and doing regular exercise to maintain good health, thereby making the world a fairer a healthier place to live. A melodious welcome song touched the hearts of the audience. But the peak of enthusiasm was reached when the school anthem was inaugurated and its energy reverberated throughout the auditorium.
Our Principal Ms. Neeta Arora and Vice Principal Ms. Mona Dua, welcomed the students and advised them to follow a healthy lifestyle. The assembly was indeed a perfect way to welcome the new session.



The students of Grade VA ushered a special assembly on Baisakhi on 13th April 2022, with utmost zeal and enthusiasm. Our young MVNites wonderfully demonstrated the relevance of the harvest festival that brings joy and prosperity. Dressed up in colourful traditional attire, they added vibrancy to the atmosphere. Children were told about the foundation of 'Khalsa Panth' and 'Panjh Pyare' through an informative AV presentation. A melodious song followed by a foottapping Bhangra dance performance added to the excitement. The assembly captured and shared the true essence of our rich culture, the spirit of bonding and togetherness.




Students of Grade 1,2 and 3 celebrated World Heritage Day in order to raise awareness about preserving our heritage sites. An informative assembly was organised where students enlightened the audience about the true meaning of heritage, its importance and the need for its preservation. Children showed famous monuments of the world through placards. In the end, students took a pledge to conserve their heritage sites.

"Monuments and archaeological pieces serve as testimonies of man's greatness and establish a dialogue between civilisations showing the extent to which human beings are linked." - Vicente Fox An assembly on World Heritage Day was conducted by the students of Grade IV B on 15th April with the motto of spreading the message that we Indians should feel extremely proud of our rich tradition and past heritage. A beautiful thought was presented which conveyed the uniqueness of our culture. The students delivered a talk on World Heritage Day, highlighting upon its history, relevance and importance. They also informed that this day is celebrated at a grand level with great enthusiasm throughout the world by conducting various activities to convey the message of preserving our heritage.



A special assembly was organised by the students of Grade VB on 20th April 2022 to celebrate Earth Day. The assembly aimed to raise concern and extend our support towards environmental conservation. The students wonderfully showcased the theme of the year 'Invest in our Planet'. Reflecting their belief in this mantra, an engaging skit was presented by the children that motivated everyone to make the earth a sustainable place to live. Our green brigade enthusiastically demonstrated the importance of Mother Earth and the urgent need to save the planet. It was delightful to listen to the little singers performing a beautiful song on Earth Day. The assembly concluded with an amazing dance performance that conveyed the message that a green future is a prosperous future

## 

 for all.



## SUMMER

Students of Grade 3 albatrass presented their morning assembly with an enthralling perfarmance. She topic for the assembly was 'Summer Fun'. She assembly began with a beautiful classical dance performance. The assembly was conducted with utmast confidence by excellent arators. Thereafter a shart poem an summer delights was presented. She kighlight of the assembly was a racking ramp walk by the students in their coal summer attires. The assembly was extremely appreciated by all.




Vacations are a period of fun, frolic and felicity. The students of Grade VH presented a pre-summer vacation assembly wherein they highlighted the vacation as the best time to relax, rejuvenate and refresh our minds. The assembly commenced with the children sharing their dream plans of the places they would like to visit during the summer holidays. They confidently presented their viewpoints stressing on the importance of vacations during summers. The musical performance by some of the students was appreciated and applauded by the audience. The Do's and Don'ts of the summers were well elaborated with a peppy dance number which filled the auditorium with excitement.




$\begin{array}{ccr}\text { Vansh } & \text { Girotra of } \\ \text { Grade } & 3 & \text { won }\end{array}$ Achiever's award in Abacus Championship organised by SIP Abacus Academy.



Harman Singh of Grade 3 bagged gold medal in kickboxing championship organised by All Faridabad District kickboxing 2022.


## Alone we are smart. Together we are brilliant.


TJHANKK YOU

