

KINDERGARTEN

NEWSLETTER

SESSION: 2022-23

EDITION-1



COORDINATOR'S DESK Welcome to our First Newsletter "MVN TIMES" of the Pre-School year. We hope

welcome to our First Newsletter "MVN TIMES" of the Pre-School year. We hope you are all looking forward to working alongside us in this exciting development stage for your child.

We consider ourselves fortunate enough to have been entrusted with the responsibility of being an integral part of an educational institution where we can help nurture the future generation of our country. For us at MVN School our children are the very life and core of our school. As children their pulsating vibrancy, vivacity and vigor invigorate enliven our young institution while infusing new energy and enthusiasm. In this regard, the responsibility that is entrusted upon us is absolute fulfilling and purposeful.

The Pre-primary department is where our children have many of their firsts, donning a school uniform for the first time, learning a new language, jotting down notes in their books- every experience seems new and exciting. The very foundation of their academic tenure is set in stone within these four walls. These seedlings spread their roots within the nurturing soil of our department. We do everything in our power to enrich their growth. Most importantly, the time here encompasses the journey of a child from dependence to self-reliance. The aim is to create an environment that is both stimulating and exciting and one which enhances learning opportunities, for my firm belief is that a happy child is the best learner.

At MVN not only do our students demonstrate excellent academic progress and achievement, they are also made aware of the many important qualities of integrity, leadership, adaptability, resilience and true compassion for others and grow as well grounded and accepting individuals.

We look forward to working with you as a team to help each little child have an identity and a successful school year. Let us always remember every child is unique, limitless and ready to shine!

With Best Wishes

Vandana Laul

(coordinator)

COUNSELLOR'S DESK

Dear parents,

Last few decades have seen lots of new discoveries about child development and behavior. There has been an overwhelming volume of information available on parenting and every parent strives to be as good as possible in his/her parenting. Still, behavior problems in children are increasing.

Following are some points you should never do to avoid behavior problems in your child:

- Assume that what worked with you will work with your child as well. As Dr. Elkind states, "The same boiling water that hardens the egg softens the carrot." In parenting, one size doesn't fit all. There are some strategies which worked really well with your first child, but they may not work at all or even counter-productive with your younger one. So parent the child you have and not the one you think or wish you have.
- 2. Threaten to leave your kid behind: the threat of abandonment is deeply damaging to the child's development. No matter what your kid has done and how angry or frustrated you are, never threaten that you will leave him/her away. For a child's mind it means that you will not be there to protect or care for him/her. It may develop insecurity in their personality. The feeling of attachment is the most crucial thing for their development especially in early years.
- 3. A simple but extremely important rule of thumb for parents is "Don't lie to them." Sometimes it is hard to speak the truth and parent lie to save the child from harsh reality but it backfires in future. It is better to explain things in an age-appropriate way. Lying light-heartedly or as an excuse plants wrong seeds in the child's mind.
- 4. Throwing a tantrum yourself when your kid is throwing one: when the kid is acting out avoid screaming, scolding or punishing him at that time. Rather than shutting down the child's emotions, help your child see that you understand his frustration or anger and show him a better way to express it.
- 5. Ignore your own bad behavior: modeling the behavior you want in your child is the surest way to good behavior as children absorb all the good and bad things around them. They don't do what you say but never fail to do what they observe you doing.

Happy Parenting!

Archana Bapat

Counsellor, MVN



WELCOME CRAFT

School Bells are ringing loud and clear, it's time for learning and fun, the school is here." The first day of coming to Kindergarten is momentous occasion for students, teachers and parents.

The Preprimary wing buzzed with excitement and happiness as the little tiny tots of MVN Kindergarten, Sec-17 stepped into the school premises.

Little munchkins of nursery class were looking very pretty in the headgears made by them. The young learners of KG class learnt how to be nice, polite and good friends. They did Take away activity related to the same concept.

Attractive selfie corner was the center of attraction for our little ones. Their energy and enthusiasm were the testimony to the fun they had on Day 1 of the Session 2022-23.



LETTER RECOGNITION – DELIGHTFUL ACTIVITIES

Letter recognition is a quintessential step in nurturing a child's ability to read and write. The inquisitive learners of Kindergarten commenced their educative journey into learning Hindi by familiarizing themselves with the letter \overline{a} . From air tracing the letter to identifying objects beginning with the letter \overline{a} , the children mastered the concept amidst mirth and cheer. In a bid to strengthen their fine gross motor skills, the children further practiced its formation with the help of Clay-Dough.

Happy Learning



WORLD HEALTH DAY CELEBRATION

We all believe that a healthy mind resides in a healthy body. Staying healthy is not just being physically fit, but also includes emotional, social and mental well- being. Instilling healthy habits in a child at an early age helps to maintain a healthy lifestyle for years to come and its regular practice will lead a kid towards optimum health. Our Nursery health freaks established healthy habits by taking part in an activity of coloring an apple and also took a pledge to adapt healthy habits.

To stay hale and hearty, healthy routine such as selfcleanliness, eating nourishing food and regular exercise among others will help kids to decrease chances of ailments and tend to have good concentration, increased self-confidence and strengthened immune system.

It is rightly said, "Health is the real Wealth".



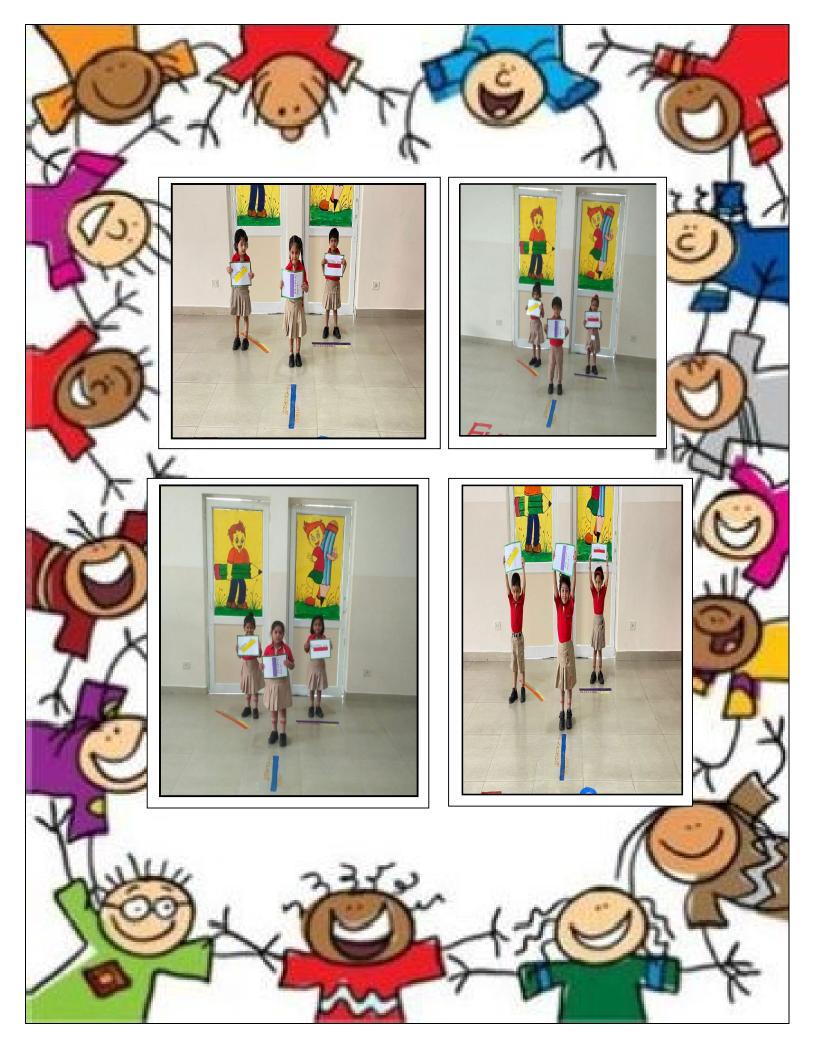
The greatness of a culture can be found in its festivals

Baisakhi marks the beginning of the Sikh New Year and foundation of Khalsa Panth. This harvest festival is traditionally celebrated on 13 April every year. It is also considered as an auspicious day to start a new venture. Baisakhi is celebrated across India, albeit the names being different in different states. The festival is considered as a symbol of prosperity for all. Tiny tots of MVN Kindergarten Sector-17 learnt the significance of the harvest festival through various activities conducted for them. Children were engaged in colouring Baisakhi sheets. They also danced on Punjabi Bhangra songs. The beats of the dhol brought vibrancy to the environment.



FUN WITH STROKES

MVN believes in child centric study patterns and always provides the best of the platforms to its kids to make the learning easy and best in use for them. To start with, pre-writing skills were introduced to the Nurserites. These skills are essential for the young learners and help them to develop the ability to hold and move a pencil fluently and effectively as beginners. The little scribblers of Nursery class learnt the basic strokes like standing line, sleeping line and slanting line through various activities and play way methods. These strokes helped them to draw, write, copy and colour objects in a better and presentable way. The concept also strengthened their hand and finger grip, good grasp of pencil, strong hand eye coordination etc. To reinforce the strokes and to check their understanding, a game "Fun with Strokes" was conducted. The children enjoyed the game and showed a big confident smile on their faces.



SAYONARA GERMS

Wash your hands, Spread the word and Stop the germs.

Embracing the healthy habit of washing hands, the young scholars of Kindergarten pledged to maintain good personal hygiene and bid goodbye to the disease causing germs Under the guidance of their teachers, the tiny tots learnt the proper technique to wash their hands and keep them germs free . The goal was to remain focused on "doing" rather than "memorizing " which in-turn leads to positive habit formation.



It's my day, HappyKindergarten Day

National Kindergarten Day is celebrated on April 21st, every year. The day honors the birthday of Friedrich Froebel, who started the Kindergarten institute of play first and activity, where kids experience independence artistically. and themselves express Kindergarten is a German word, which means *Children's Garden* 🜻 👁 触 MVN kindergarteners celebrated their day by cherishing musical rings, hopscotch and also enjoyed sprucing sache which fuelled kids' curiosity and interest driven learning. The day was full of enjoyment and was thoroughly enjoyed by all lovely kindergarteners...



EARTH DAY CELEBRATION

A green planet is a happy clean planet! That's the message our little munchkins gave on EARTH DAY

CELEBRATION. World Earth day is celebrated on 22 April each year in our school to spread awareness about preserving and sustaining earth and to remind the students of their duties towards 'Mother Nature.' Children colored sheet showing BLOOMING EARTH beautifully with crayons and very enthusiastically posed for pics wearing headgear. They also made beautiful Earth with clay and took pledge to follow 3R's approach of Reduce, Reuse and Recycle.



EID CELEBRATION

Festivals are perceived as an important part of education as they help to create a sense of national and cultural community among the students. Celebration of festivals brings students closer to traditional beliefs.

The festival of Eid- ul-Fitr was celebrated by kindergarteners of MVN SCHOOL, Sector-17. The purpose was to enlighten the students about the spirit of festival and spreading the message of love and brotherhood in the young minds. Teachers discussed the importance of this festival and students were involved in card making activity



SENSE ORGANS

Tell me and I forgot, teach me and I may remember, involve me and I learn."

At MVN, the firm belief is that the best method of learning is through experiments and hands-on activities. Little MVNites explored how the sense organs help and give us such a diverse access to the world. They learnt about all the five senses through different hands- on -activities related to hearing, touching, smelling, tasting and feeling. Kids were very excited and enthralled through experiential learning. They learnt that sense organs are specialized organs that help to perceive the world around us. They are an integral part of our life and each sense provides us with unique information about ourselves and the world around us.



MOTHER'S DAY CELEBRATION

M-Master O-Of **M-Multitasking** MOM is not just a word but means the whole world to every child. Mother's Day is celebrated every year on the second Sunday of May. Mother's Day is a time to celebrate everything that our moms mean to us. While it's not the only occasion we honour our mothers, it is the onethat the most important woman in our livesknow just how greatly she is appreciated .It is a day set as ide to express love, respect and thanks to all the lovely MOMS. Our Tiny Tots also spent a hands-on day by showing their affection towards their moms, wherein they made cards and crowns as a surprise for their moms which will last forever in every Mom's heart

It is rightly said that life doesn't come with Manual, it comes with a MOM.



MY U-UMBRELLA

MVN believes in creating a literacy-rich environment for its young learners. The little learners of Nursery class are learning phonics and exploring how letters and sounds work together. Recently letter "U" was introduced in the class and they have learned to recognize the letter "U" with its sound "अ", writing of letter "U" and also learned many new vocabulary words with its beginning sound. To make the learning more meaningful and memorable "My U-Umbrella" activity was organized in which children enjoyed various poses with the umbrella and have learned new vocabulary words like Upside-down, Under, Up, Underneath, Upstairs, Unable, Understand, etc. This Phonic game helped in making the learning process fun and in turn, helped the children to retain what they are learning and stay motivated.





FITNESS WEEK

CELEBRATION

16^{тн} -20^{тн} МАҰ, 2022





Modern Vidya Niketan Kindergarten Sector – 17, Faridabad

WELCOME TO WELLNESS CITY

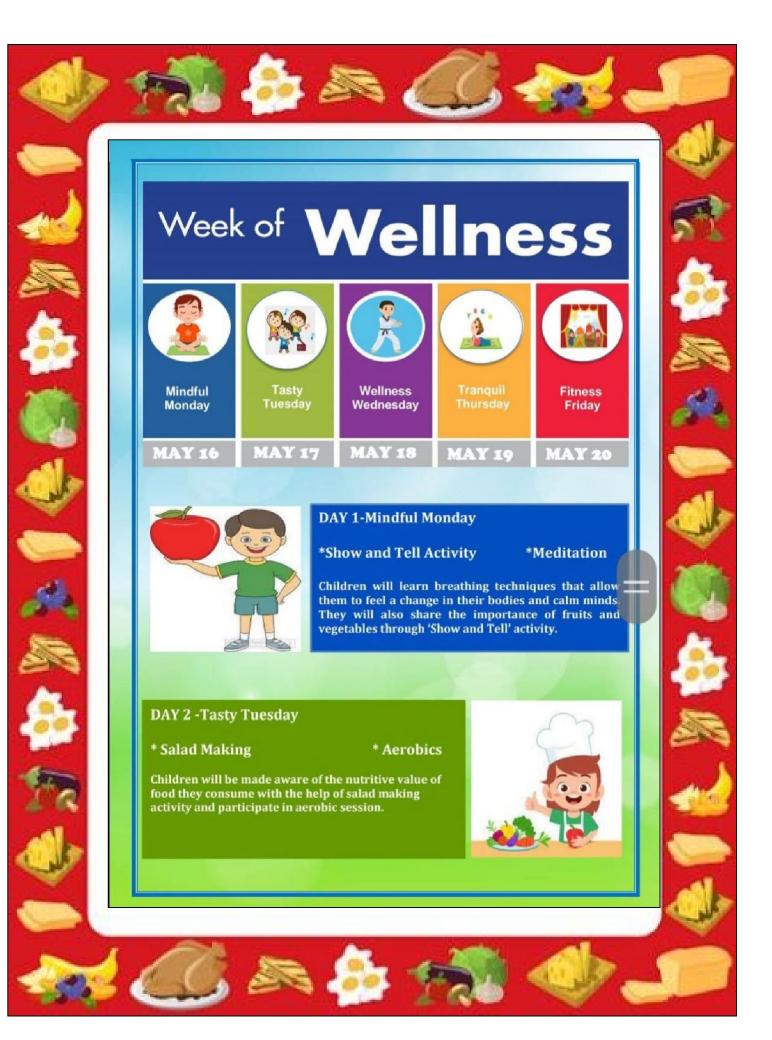
Every Kid Fitness Week 16TH MAY 2022 TO 20TH MAY 2022



Dear Parent

"Health is hearty, health is harmony, health is happiness."

At MVN, we believe in holistic health of children as it is an approach to life that considers multidimensional aspects of wellness. WELCOME TO WELLNESS CITY- 'Every Kid Fitness Week' is our attempt to spread cognizant among children regarding health. This week is an earnest endeavour to alter the children's behaviour from 'Passive Screen Time' to 'Active Field Time' and the objective is to develop-Fitness/Sports Quotient among all the students to achieve a healthy lifestyle.





DAY 3-Wellness Wednesday

* Vegetable Printing

*Taekwondo

Children will delve into the world of creative arts vegetable printing to express their thoughts and ideas. They will also build stamina and strength by Taekwondo session.

DAY 4 - Tranquil Thursday

*Scattergories-Think Fast Game

Children will learn to think fast through Scattergories-'Think Fast Games' to stimulate their brain. They will also learn the benefits of Yoga.





DAY 5 -Fitness Friday

*Bingo

*Indoor Fun Games

Children will be guided to participate in a mélange of enriching Bingo Activity to improve their Hand-Eye coordination and Indoor Fun Games to strengthen their gross and fine motor skills.



FITNESS WEEK CELEBRATION

DAY 1: MINDFUL MONDAY

Show & Tell & Meditation

MVN Kindergarten Fitness Week opens up lots of great opportunities for young learners to develop a calm and composed mind, which is an elixir for a happy life. MVN believes that health is an asset that helps us maintain the balance of life and a sound mind. To maintain the physical and spiritual health of the tiny tots "Mindful Monday" was planned in which children began the day with meditation and breathing exercises. They also learnt to build focus and how to regulate their emotions and improve their attention span. Children learnt to appreciate their surroundings, have a positive outlook on life and be kind and affectionate towards others. Thev also enthusiastically participated in the "Show and tell" activity in which they spoke confidently about their favourite fruit or vegetable and sensitized everyone about the importance and benefits

















FITNESS WEEK CELEBRATION Day-2: TASTY TUESDAY Salad Making & Aerobics

Stay strong, Stay healthy Stay focused, Stay wealthy.

Learning how to cook for yourself is a beautiful expression of self-care. Regular exercise and balanced nutrition both contribute to good health. Snacking on nutritious fruits and vegetables cum fitness can be a good awareness for tiny tots. With this aim, our little chefs got engaged enthusiastically in a Salad Making activity and also learnt about the nutritional benefits of healthy eating. The children treated themselves with a yummy and healthy salad. They also reaped the benefits of being fit through an Aerobics session and felt energetic and active.





The excitement of the jovial spirits of the kindergarteners rose high on Day 3 as they delved into the world of Vegetable Printing to express their thoughts and ideas and developed fine motor skills. They dipped various cut vegetables like potato, lady finger, bitter gourd in watercolors and created beautiful art pieces by printing the impressions on sheets with outlined figures

. The day took an interesting turn as the kids participated in Taekwondo Session and built their stamina and strength. From reinvigorating their body by performing host of interesting steps to learning creative art and about its manifold benefits, the enriching day was immensely enjoyed by all.

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FITNESS WEEK CELEBRATION Day 4 : Tranquil Thursday Yoga & Scattergories

"Yoga is a light, which once lit will never dim. The better your practise, the brighter your flame."

To inculcate the habit of practising yoga, MVN organized a Yoga Session as a part of Tranquil Thursday Activity for Little Kindergarteners to help them understand the several benefits of leading a fit lifestyle.

The session helped the children in strengthening their thinking ability and imaginative skills.

With the same approach, children were involved in Scattergories- Think Fast Game. The game provided language practice in all four skills, namely, reading, speaking, listening, and writing. It also helped them improve visual recognition, conceptualization and visual attention. Children expanded the feeling of camaraderie among themselves to enable them to co-operate and work well together.

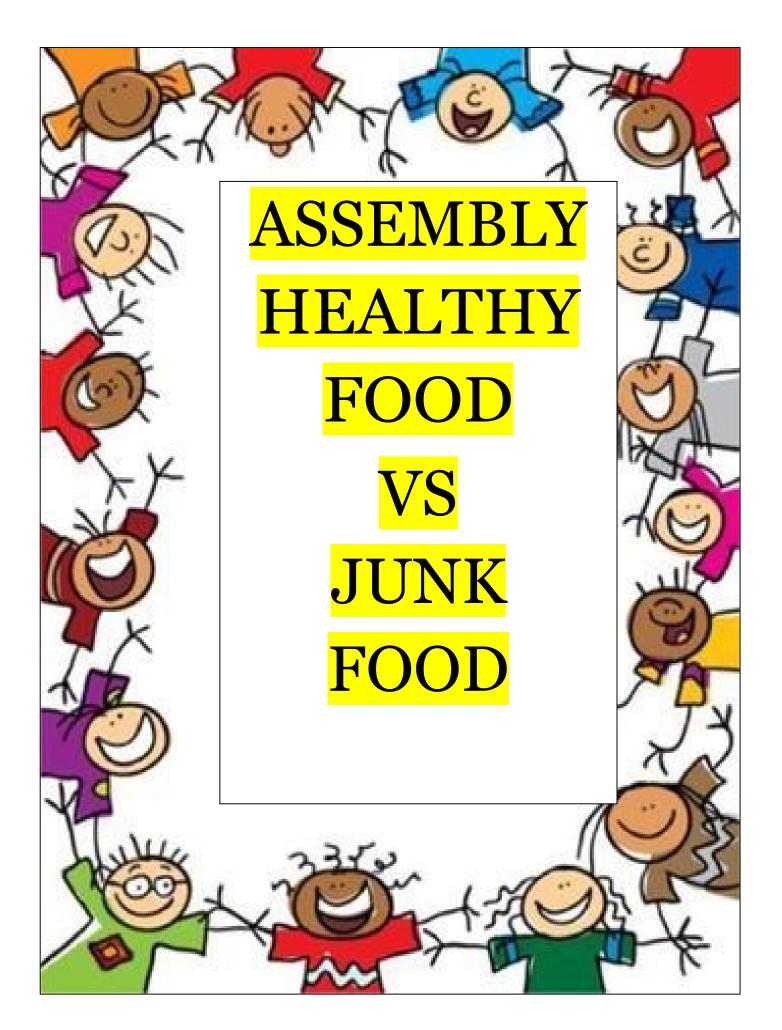


Day-5 :Fitness Friday

Bingo & Indoor Fun Games

The Healthy Learners of the Kindergarten participated in "The Fitness Week" with The excitement unparalleled enthusiasm. reached its peak on Day-5 as the mirthful hearts played Fruit and Vegetables Bingo and Indoor fun games. The School Auditorium came to life with the delightful rings of laughter as the kids enjoyed playing indoor fun games by walking on healthy path, crossing the hurdles, hopping on the rings and reaching the final destination of eating healthy food. The "Every Kid Fitness Week" culminated with the awareness of eating healthy food and staying healthy amongst the young learners.





Special Assembly by the Students of KG - Aster

Healthy Food vs Junk Food "Eat Healthy Stay Healthy" is a famous saying that refers to the importance of healthy eating habits. In order to inculcate the habit of healthy eating and spread awareness about the ill effects of junk food, the students of KG Aster presented an assembly on the topic

' Healthy Food vs Junk Food S. The assembly started with a prayer followed by a short skit depicting the importance of healthy food and the ill effects of junk food. The highlight of the assembly was a scintillating rhymes composition performance. The young enthusiasts showcased their assembly with confidence and ease. Little Kindergarteners were dressed up in colourful attire and carried appropriate props. The assembly concluded with a rousing rendition of the MVN Anthem.



World Enviornment Day Celebration

Living Sustainably in Harmony with Nature".

World Environment Day is celebrated across the world on 5th June every year and the theme for World Environment Day 2022 is 'Only On Earth'. Under this theme, World Environment Day 2022 will be observed highlighting the need to live sustainably in harmony with nature through transformative changes in our policies and choices towards cleaner and greener lifestyles. It also calls for collective, transformative actions on a global scale to celebrate, protect and restore our planet.MVN always aims at spreading awareness among the young learners about conserving nature and reducing the negative effects on the environment through various eco-friendly activities.Little MVNITES planted saplings and adopted them with an ardent pledge to protect the environment and make the mother earth cleaner and greener for future generations.



Father's Day Celebration

Father's Day is celebrated on every third Sunday of June. Father's Day is dedicated to all the Fathers. For every child, a father is a role model & hero and moreover like a tree of heaven, who has the possibility to fulfil all their little one's wishes. The word father is described rightly as F-for the *Friend* that you are A-an *Anchor* I can rely on T-a *Teacher* I can learn from H-a *Hero* I can look up to E-a constant source of * Encouragement* and R-a *Role* model I am proud of Our kindergarteners commemorated this day by giving a special thanks to their dads, and showcased their artistry talent by creating a scenery for their dads and with the help of moms, cooked a surprise dish to make this day more special. This small gesture from kiddos stole the hearts of all dads and helped them to generate affection and respect for their dads.

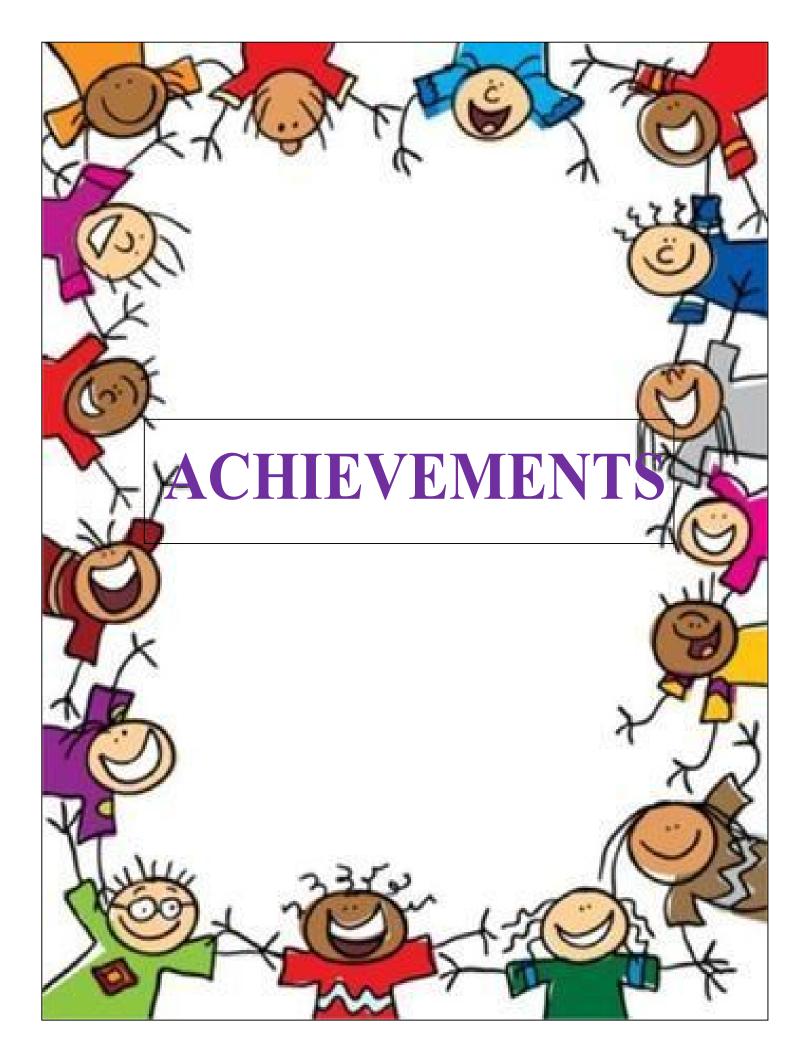


International Yoga Day Celebration

Yoga For Humanity

"Yoga is light, which once lit will never dim. The better you practise, the brighter the flame." MVN Kindergarten has always been at the forefront to ensure the best for its students. The foremost priority nowadays is to provide a holistic approach to our students' health and well-being to maintain a healthy balance of mind and body. International Yoga Day was celebrated on 21st June, 2022 by the students of kindergarten with great enthusiasm and fervour. The students performed warm-up exercises and various as an as followed by Omkar Chanting. They were encouraged to practise yoga regularly to remain fit and improve concentration as they showcased a very energetic and spirited performance.





MVN Satyameva Jayate

KVPY FELLOWSHIP 2021-22

Selections - the winning streak continues....

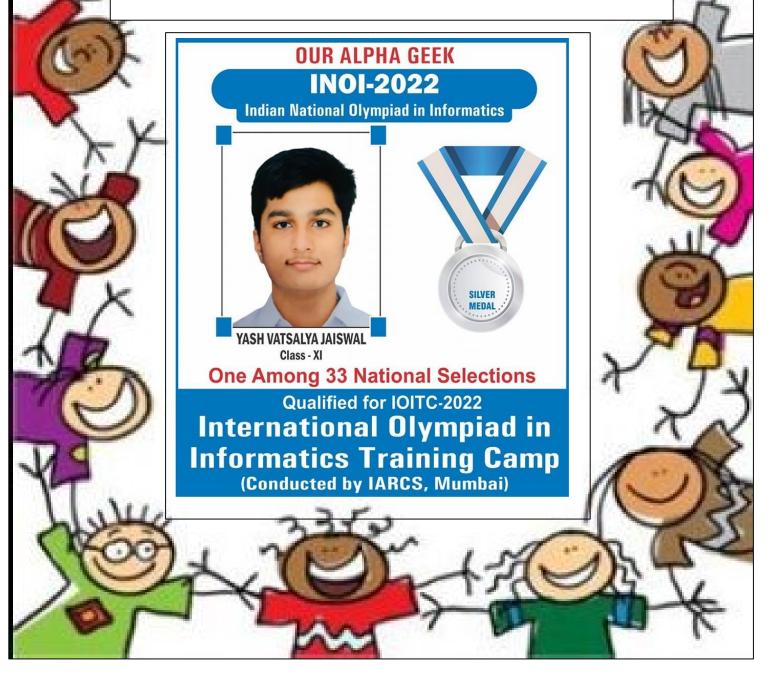
Students of MVN Sector-17 have proved their mettle through consistent hard work and determination. We are proud of our achievers in the Kishore Vaigyanik Protsahan Yojana (KVPY) Fellowship Program. We endeavour to provide our students with the guidance, platform and opportunity they need to realise their true potential and excel at every step in their career.



INDIAN NATIONAL OLYMPIAD IN INFORMATICS

DREAM AND ACHIEVE !! OUR ALPHA GEEK

YASH VATSALYA JAISWAL, Class XI, MVN SCHOOL, SECTOR 17 has made his alma mater proud by winning silver medal in INOI -2022.He has also qualified for the IOITC-2022 that will select the Indian team for the International Olympiad in Informatics,2022. He is among 33 students who were selected from all across the country.



INDIAN OLYMPIAD QUALIFIER

INDIAN OLYMPIAD QUALIFIER MATHEMATICS (IOQM), PHYSICS (IOQP), ASTRONOMY (IOQA) 2022-(STAGE- 1) Our Prodigy made us proud yet again with his splendid performance.

Heartiest Congratulations

INDIAN OLYMPIAD QUALIFIER (10Q) 2022 Another Prond Moment

Phenomenal Performance by Naman Goyal

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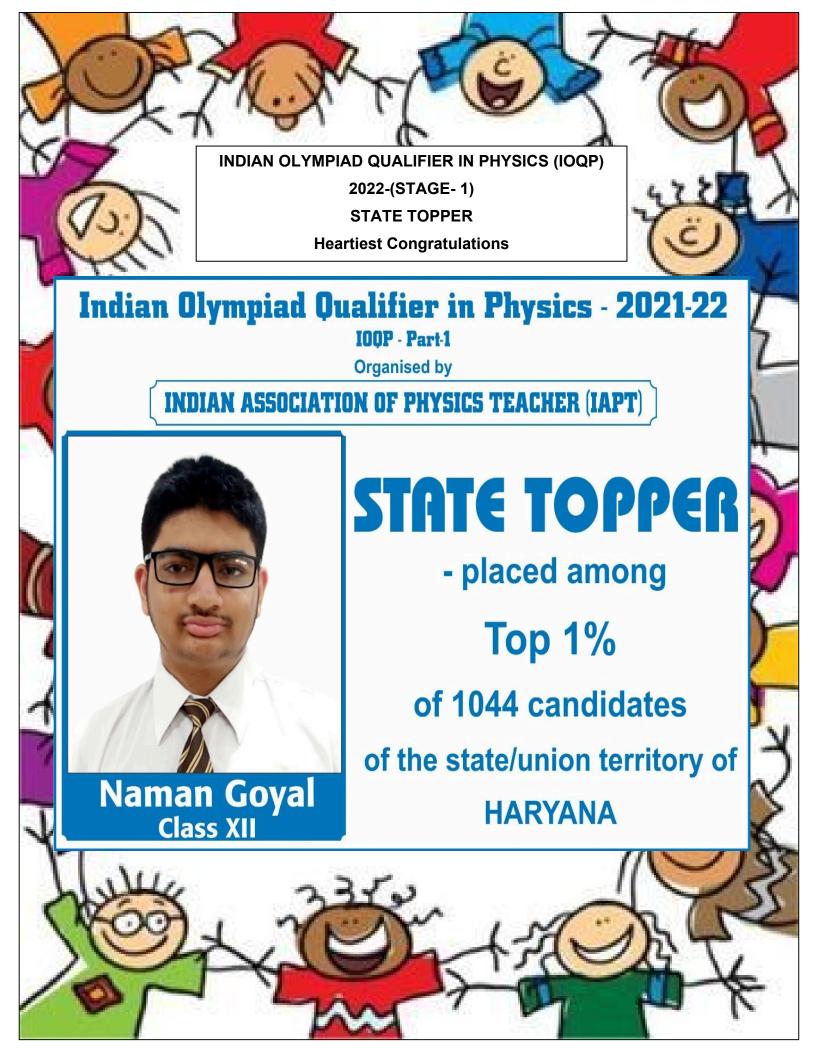


Qualified STAGE 1

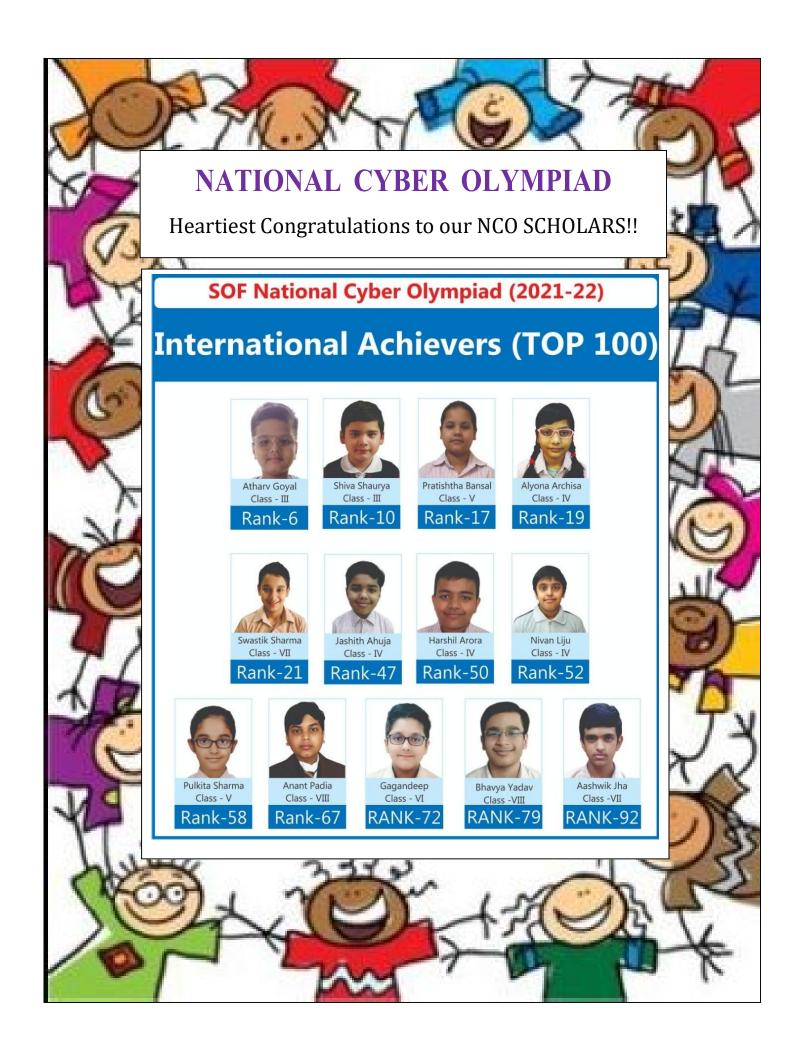
MATHEMATICS (IOQM)

PHYSICS (IOOP)

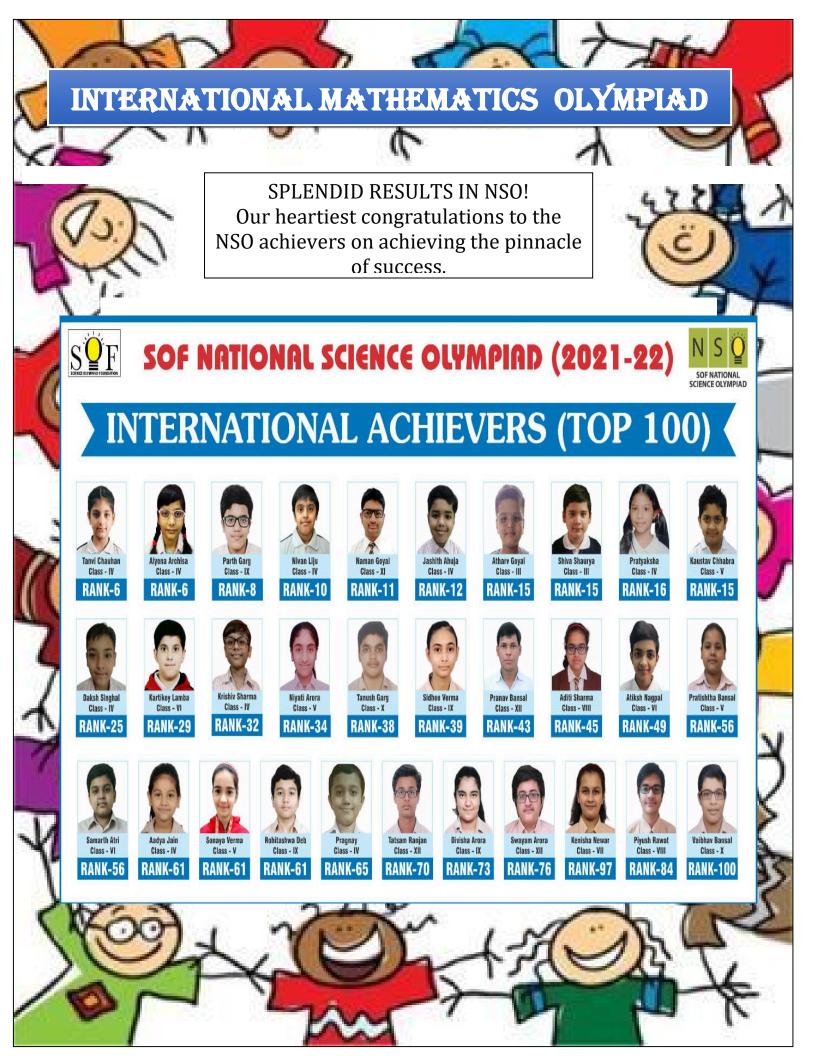
ASTRONOMY (IOQA)

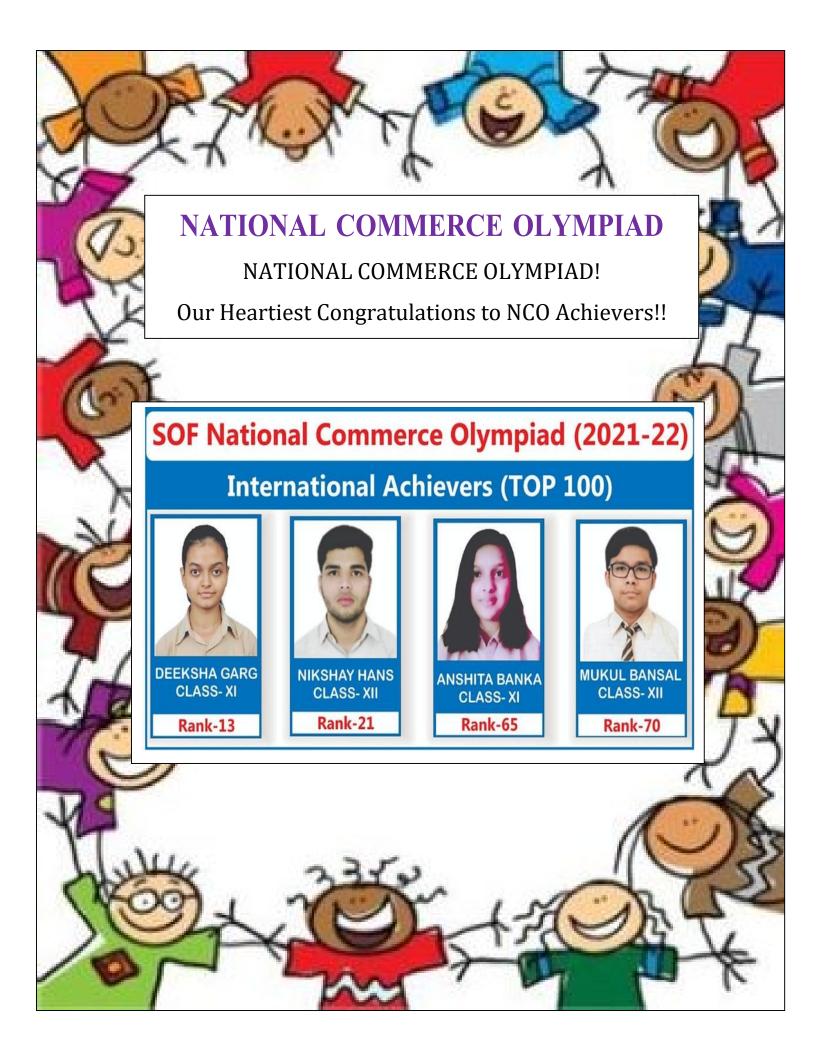












19[™] DISTRICT TAEKWONDO CHAMPIONSHIP

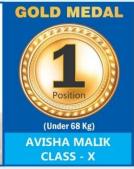
"All our dreams come out if we have the courage to pursue them." Outstanding accomplishment by MVNites in the 19th District Level Taekwondo Championship organized by Faridabad District Taekwondo Association on 14th May,2022 .Our students proved that they can conquer anything with their dedication and patience. They won laurels and medals in different categories.

19th DISTRICT TAEKWONDO CHAMPIONSHIP

Faridabad District Taekwondo Association

TAEKWONDO CHAMPIONS









MANYA MITTAL CLASS -VIII





PARA TABLE TENNIS NATIONAL CHAMPIONSHIP

HERCULEAN ACHIEVEMENT BY LAKKSHHYA GUPTA

Lakkshhya Gupta a student of Class X, MVN School, Sector-17 won a Gold Medal at the Para Table Tennis Championships -2022 held at Indore, Madhya Pradesh from 27th to 30th April.

Lakkshhya brought laurels to himself and the school by bagging First Position in Under 15 years boys singles category and attained Sixth Position in Asia in the same category.

Congratulations and Blessings to Lakkshhya. May God give you wings to scale greater heights.

PARA TABLE TENNIS NATIONAL CHAMPIONSHIPS 2022 Organized by: Para Table Tennis Promotion Association

Herculean Achievement By Lakkshhya Gupta







XXVI HARYANA STATE JR. CHESS CHAMPIONSHIP

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Hardwork and concerted efforts contribute towards the triumphant feat of an individual.

Devaanshee Agarwal bagged the Third Position in Haryana State Junior Chess Championship in U-19 Girls Category .

XXVI HARYANA STATE JR. U-11, U-15, U-19 CHESS CHAMPIONSHIP (2022-2023)

(GIRLS) 17th &18th June 2022

TECHNOFEST 2022

DEVAANSHEE AGARWAL

THIRD POSITION U- 19, (GIRLS)

Under the aegis of The Haryana Chess Association "The secret to winning is a constant and consistent improvement" and at MVN Sector 17 we make it a habit to win. The students of MVN Sector 17 yet again set forth their mettle in Technofest, an Interschool competition organized by DPSG International on 11th May, 2022. Ashlyn Bhatia of Grade II and Harshil Arora of Grade V bagged 2nd positions in Digiposter and CodingKid competitions respectively. We congratulate both the winners on their stunning accomplishments.



