



MVN SCHOOL SEC-88
NEWSLETTER
APRIL – MARCH
2020-21
(VI – X)

MVN

Satyameva Jayate

PRINCIPAL'S DESK...

Healthy greetings!!

After acquiring new zeal and enthusiasm in the new year 2021, I take the opportunity to wish my MVN family, the heartiest and warmest wishes and prayers that we all be safe and healthy in the New Year. Let this new beginning usher in a period of optimism and well being. 'Keep your face towards the sun and you will never see the shadows'. These uplifting words by Helen Keller infuse positivity and motivate us to look at the silver lining of the clouds.

It is also the time to acknowledge and thank the frontline workers, without whose help and motivation things would have taken an ugly turn. At this juncture, I would like to appreciate and express my heartfelt gratitude to my dedicated team of educators who left no stone unturned in embracing the new normal. They have been successfully engaging our young enthusiastic learners and imparting knowledge. The young learners too need to be applauded for the sincere effort they have been putting up since the beginning of the academic session.

Now as we step ahead in life let us not forget the lessons learnt during this tough period. We are now full of hope that we will soon be experiencing a new dawn. Very proudly would like to appreciate the young learners who made us proud even during these testing times by getting laurels for the school.

Now is the time to look ahead with new hopes. Lets us all bear in the mind that there is always light after darkness. Our undaunted spirit, our attitude of gratitude , our focus on the goal, our sense of responsibility will surely lead us all to new dawn.

Wishing you all happy, healthy and fulfilling times ahead.

COUNSELLOR'S DESK...

Due to the COVID-19 the world had face a lot of uncertainty. It was a global menace which affected us and our children all over the world. It became an obligation for parents and teachers all over the world to keep the children motivated and engaged at the same time, inculcating hope and helping them endure the timelessness before a good change arrives. Instead of focusing on how uncertainty can create sadness or anxiety, we must try to shift the focus to how uncertainty could create wonder or curiosity. It triggers creative thinking and critical thinking in children. For many of us strategies come easily, while others have to learn how to use them. Essentially, coping is an active process where you stop for a moment, appraise the situation you're faced with, target the problem, and then choose a set of interventions to manage the uncertain event. Our children learn not only how to cope, but how to cope well. Many children not only have changed their study pattern but also have developed lot of positive attributes such as showing gratitude, using mindful techniques and helping their parents during daily tasks or when their families got quarantined and they provided support. Lets celebrate and appreciate their positive outcomes and motivate them to continue their positive developments .

[counseling.org](https://www.counseling.org)



ACTIVITIES



INTERNATIONAL YOGA DAY

Yoga has not one but many benefits. It helps in maintaining our mental and physical health. Our body becomes more flexible after consistent yoga practice and we also develop a great sense of self-discipline and self-awareness.

The MVNites believe in the fitness of the body and mind. Though the Covid-19 pandemic has pushed the celebrations of the sixth “International Yoga Day” indoors but it couldn’t dampen the spirit of our young fitness enthusiasts. They performed yoga with their family which not only helped them to increase their stamina, flexibility, strength, calmness but also was beneficial for them to spend quality time through the divine art of yoga.



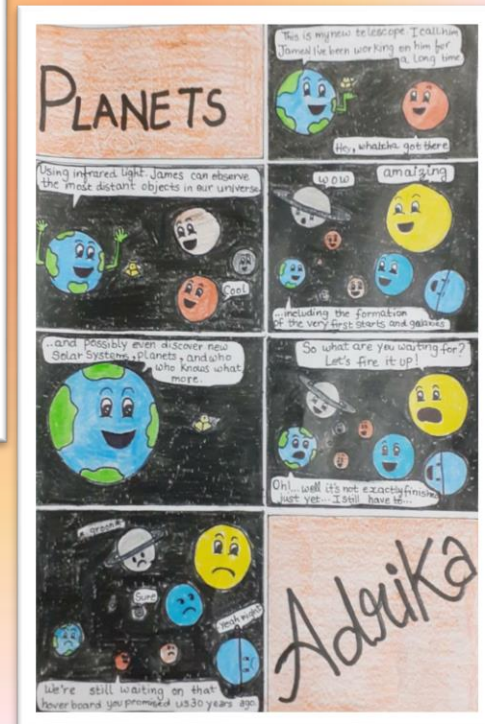
COLLAGE MAKING

The collage making activity on the theme – ‘Awareness on Covid -19’, provided the students of Grade VI - VIII an opportunity to exhibit their divergent thinking and creativity. The beautiful collages made by the students provided all the information about precautionary and safety measures.



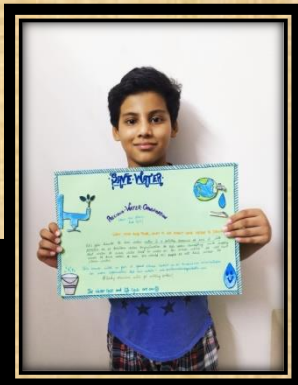
COMIC STRIP

A comic strip activity was conducted for Grade VIII. The students were able to organize their ideas and combine pictures, captions and dialogues. The activity provided a platform to the students to enhance their creativity and stimulate their imagination.



AD MAD WORLD

Advertisement is one of the most persuasive and all-encompassing form of communication in the modern world. Creating a print advertisement was the task given to the students of Grade VI-VIII. The students of Grade VI created innovative ads on cosmetic items. The students of Grade VII and VIII used the tool of advertisement to create awareness against social problems and environmental issues like female foeticide, caste system, dowry, gender discrimination, plastic pollution, global warming, deforestation etc...



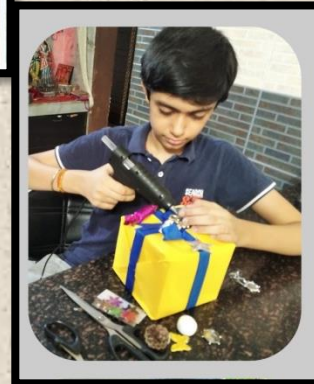
STAND UP COMEDY



In order to ward off the depressing moments of the pandemic, the students of Grade IX-X came up with a hilarious stand up comedy show as an activity. They regaled the audience with their creative prowess and earned applause. At MVN, the students are groomed to develop their multifaceted talent. Such activities are envisioned to hone their inherent talent.

GIFT WRAPPING ACTIVITY

An innovative gift wrapping activity was organized for the students of Grade VII to help children develop practical life skills. The students showcased their creativity and imagination and showed that the decoration is as important as the gift itself.



PROMOTING E-COMMERCE

The students of Grade VIII depicted their technological skill by creating power point presentation on the theme 'Promoting E –Commerce'. Interesting and informative slides with a strong visual and technical impact were presented by the students.



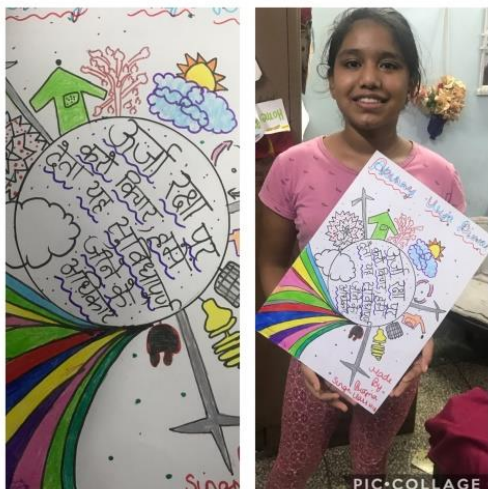
AKSHAY URJA DIWAS



Akshay Urja Diwas is an awareness campaign about the development of renewable energy in India, celebrated on August 20 every year since 2004. The Ministry for New & Renewable Energy initiated Akshay Urja Day (Diwas). The energy such as Solar Energy, Wind Energy, Hydroelectric Power are few examples of Akshay Urja. It is essential to develop ways to use Akshay Urja or renewable energy more efficiently.

On the occasion of Akshya Urja Diwas, the young environmentalists of Grade VII tried to make people aware that they have to think about the renewable energy (Akshya Urja) apart from conventional energy sources.

Through a plethora of activities like jingle making, poster making and collage making, the children voiced their opinion about the same in a very creative manner. Kudos to the young enthusiasts.



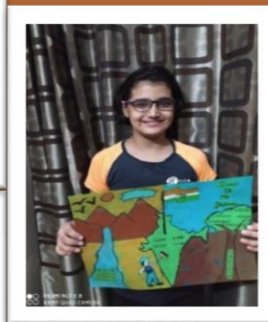
POSTER MAKING

'Dreams are today's answers to tomorrow's questions.'

To commemorate the 74th Independence Day ,the students of Grade VI participated in the poster making activity on the topic- INDIA OF MY DREAMS. The young citizens of India shared their dreams for their motherland. Our citizens of tomorrow have a vision for their country which they displayed through this creative activity. The young patriots showcased their talent and shared their vision for our country.

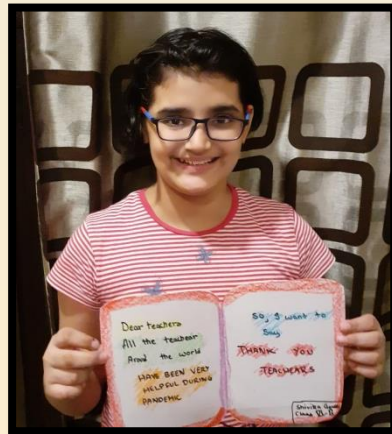
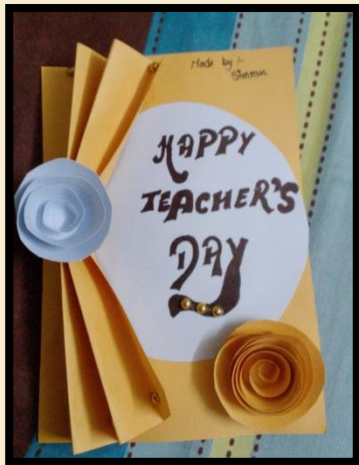
Their dreams of having a corruption free, clean ,green, safe and literate India were really worth appreciation. These small hands at work had big dreams for INDIA giving us an assurance of its bright future.

JAI HIND.



EXPRESSIONS OF GRATITUDE

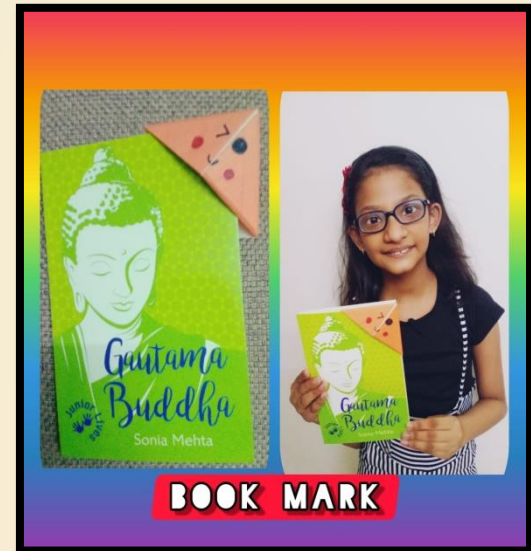
Teacher's Day is a special day to honour and appreciate the teaching fraternity. The students of Grade VI and VII expressed their gratitude to their gurus through posters, momentos and self composed poems. They and made the day truly memorable for the them.



BOOK MARK MAKING

A good bookmark can be valuable, saving your precious time thumbing through the pages to find your place.

A bookmark making activity was conducted for Grade VI. Children prepared beautiful bookmarks using stickers and colours. All the students enjoyed the activity and learnt the use of bookmark. This activity also ignited the habit of reading among children.



BOOK COVER DESIGNING



A great looking cover is the first thing we notice about a book and like it or not people judge books by their covers. We all know we are not supposed to, but we do it anyway.

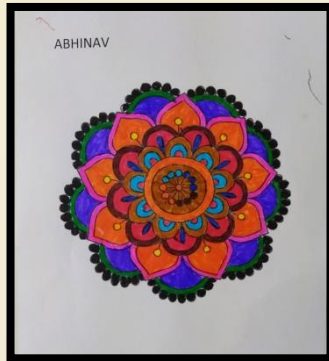
Let's take a look into the attractive and vibrant book covers designed by our talented students of Grade VII which will surely catch the reader's eye.

COLOURING RANGOLI DESIGNS



“The auspicious designs herald the coming of a festival.”

Art does not need a language to communicate messages. Drawing inspiration from the nature. Simple rangoli designs were beautifully and artistically coloured by the children. It aided in polishing the creative aspect of the children.



WALL HANGING AND THALI DECORATION

As a part of the Diwali celebrations, the students of Grade VI and VII wholeheartedly participated in the class activity. The students of Grade VI created beautiful wall hangings using waste material. The students of Grade VII decorated thalis using eco-friendly materials like flowers ,grains etc... and made the occasion of festival of lights really a special one.



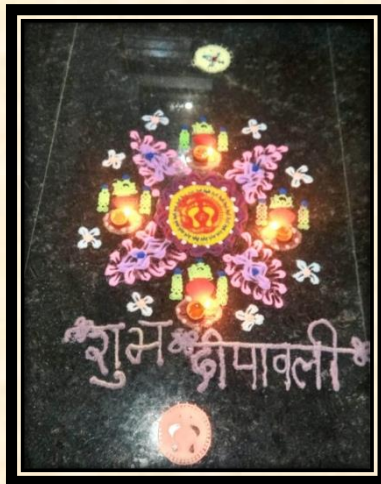
RANGOLI



The students of Grade VIII-IX put their best foot forward and took part in the activity with zest, innovation and creativity to make beautiful rangolis on the occasion of Diwali. The activity aimed at refining their artistic skill.

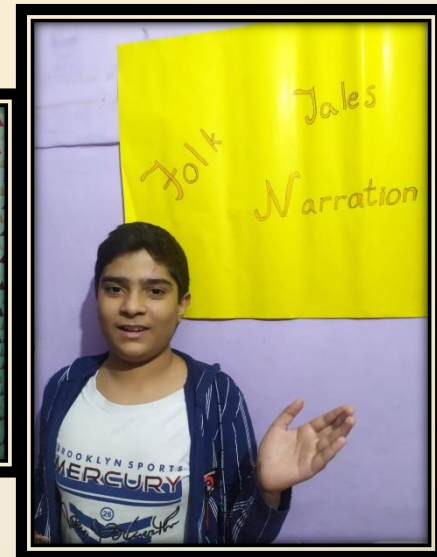
The colours and shapes of rangoli add to the auspicious aura and multiplies the beauty of the occasion.

Students came out with resplendent rangolis with majestic designs.



FOLK TALE NARRATION

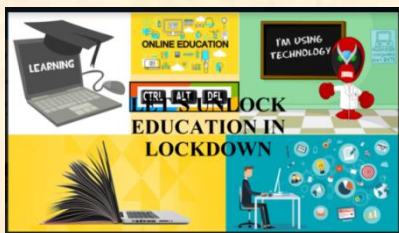
Folk tales serve as an important tool of communication from one generation to another. Keeping with this view in a folk tale narration activity was conducted for the students of Grade VIII. The students narrated interesting folktales from around the world. The activity played a crucial role in helping the students develop strong reading skills , model positive character traits and discover love for stories.



BANNER MAKING

“Banners are tools used to draw instant attention to an event or social cause.”

The banner making activity gave the opportunity to the students of Grade IX to create and display their best thoughts. The ‘Banners’ showcased the artistic approach of students in projecting their thoughts enthused with memorable words for an everlasting impact.



REDEFINING SPACES



Following the words of wisdom that 'Be faithful to your own taste because nothing you really like is ever out of style', students of Grade IX were advised to create a space of elegance for themselves. The students were asked to spruce up their living space that inspired a wide range of emotions and triggered deepest of their thoughts.

CHRISTMAS CELEBRATIONS



Christmas time is magical. With the Christmas bells resonating, there's happiness, joy and positivity everywhere. Soaking in the spirit of Christmas the students of Grade I-V were engaged in various Christmas activities which added to the beauty of the season and created extra excitement. The children enthusiastically took part in 'Christmas Tree' decoration activity. Caught in the whirl of fun, the students of Grade VI played carol tunes and Grade VII students prepared lip-smacking Christmas recipes. Grade VIII showed their creativity in the greeting card making activity. The festive spirit was kept alive and celebrated in all its joy and happiness.



CHRISTMAS DELICACIES

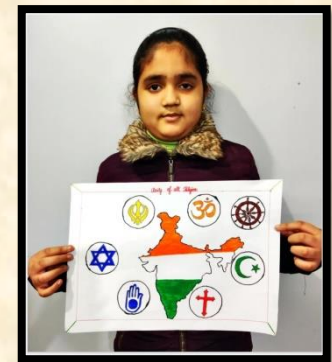
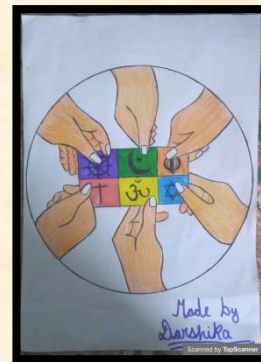
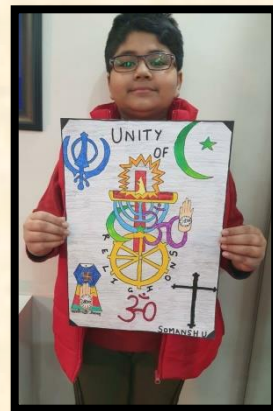


UNITY IN RELIGION

'We are only as strong as we are united, as weak as we are divided.'

A poster making activity for Grade VI was conducted to bring out the creative expression of the students and also gauge their awareness quotient. The theme taken up for the above was 'Unity in Religion.'

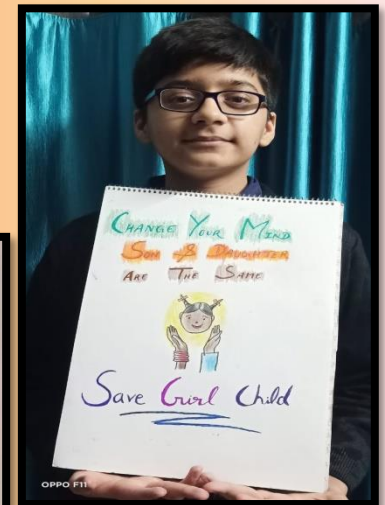
The idea was not merely to see the creative aspect but also to strengthen their learning process. Activities of this sort increase the observational skills, response to thought, awareness and concern of the children towards global issues.



POSTER MAKING-SAVE GIRL CHILD

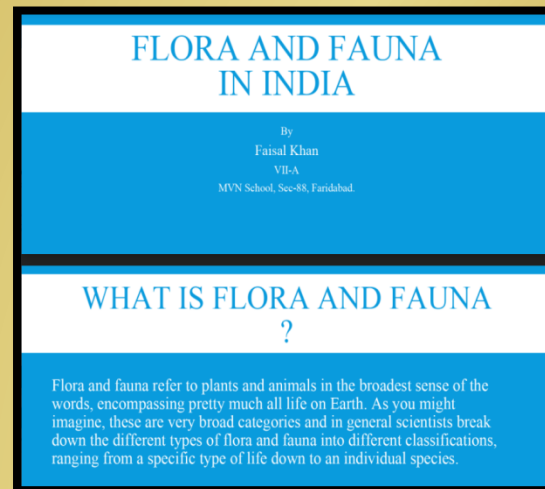
National girl child day is celebrated in India every year on January 24.

With the objective of promoting awareness about the rights of girl child ,the students of Grade VII created posters. The activity enabled the students to understand that gender equality is not only a fundamental human right but a necessary foundation for a peaceful, prosperous and sustainable world.



PPT MAKING

India displays significant biodiversity. Human life needs flora and fauna to survive on this planet. Flora and fauna both act as rejuvenating agent for us. In order to make the young generation understand the significance of flora and fauna, the students were given the task of creating Power Point presentation. Grade VII students created ppt's on the flora and fauna in India. The activity helped the students to analyse and acknowledge the rich biodiversity which is essential for the ecological balance.



COLOURS OF SPRING

The spring season paints the canvas of earth with colour, mirth and happiness. The young artists of Grade VIII captured the beauty of spring season by making beautiful paintings using water colours.





VIRTUAL

SCHOOL ASSEMBLIES

74th INDEPENDENCE DAY OF INDIA

“Freedom is the way God intended us; it is something we are born with. Something that no one can take away from us. Let’s celebrate Freedom!”

Since 1947, Independence Day has been a much-loved national festival. Historians believe that this was the first Independence Day since 1947 when children were not a part of the celebrations in schools. But the pandemic couldn’t dampen the enthusiasm and patriotic spirit of the MVNites. The children celebrated the 74th Independence Day of India virtually. They were sensitized about the sacrifices made by our freedom fighters.

The school Principal Ms. Preeti Sahay hoisted the national flag in the school premises. Children participated virtually in the celebration. The children as well as their parents sang the National Anthem and took the pledge. The happiness and the excitement of the children could be seen on their faces. Many of them were holding the tricolor flag in their hand, some of them were wearing tricolour sash, wrist band, head band and caps. It was a different yet memorable Independence Day celebration for everyone.



CELEBRATIONS AND FESTIVITIES

“EVERY CHILD IS A MIRACLE IN OUR LIVES. WE CAN EXPERIENCE SPECIAL BRIGHTNESS IN OUR WORLD THROUGH THEIR EYES.”

Since children have been homebound for months now, this Children’s Day is the perfect occasion to show them how special they are. And as Diwali is falling on the same day, it is a double bonanza for them. To make this double celebration a memorable one, the teachers put up a special assembly for them. They sang, danced, recited a poem, presented a magic show, and gave them tips on how to celebrate a safe and eco-friendly Diwali during this pandemic. They were reminded that this Diwali is not just a festival to be celebrated, it is also a time for renewed hope for a brighter future. Children were amazed to see the wonderful performances presented by their teachers and enjoyed the assembly thoroughly.



PRERNA

Undeterred by the constraints of Covid-19 'Prerna Diwas' commemorating the cherished ideals and ethos of our beloved founder Principal late Shree Gopal Sharma was organised on 19th December 2020. Both students and teachers participated in this event zestfully and enthusiastically. A plethora of events for students were organised on this day to further the dream of quality education for students. However, with limitation and extended lockdown, our students organised a special assembly paying rich tribute to our beloved sir and mentor. The children took a solemn vow to march ahead setting new milestones and achieving them for the glory of the school.



72nd REPUBLIC DAY

**'Our ancestors gave us a glorious Past
We need to create the Future.'**

This Republic Day led the change and become a real Indian.

Keeping the spirit of patriotism alive and to remember the valuable contribution made by our leaders, a special assembly was conducted by the students of Grade VII. The students showcased an array of colourful programmes - patriotic songs, speeches, dance which enthused the virtual audience with patriotic spirit. The assembly concluded with a motivating speech by the Principal, Ms. Mona Dua, who told the students about the importance of being a good citizen and utilize their potential in building a strong nation.

On the occasion of 72nd Indian Republic Day, let us celebrate the freedom to express and live our lives with pride.

May the Indian tricolor always fly high.

Jai Hind



BASANT PANCHAMI

From wearing yellow clothes to serving food that has a hint of yellow, the festival of Basant Panchami is celebrated with much joy and fervor.

The festival signals the beginning of the spring season. It is celebrated by worshipping Goddess Saraswati — the Goddess of knowledge, music and art.

The students of Grade VIII welcomed the spring season by celebrating Basant Panchami with great enthusiasm. Students shared their information about this auspicious day through speeches and poems. Mesmerising dances and songs were also performed by the students in the spirit of the festival.



WOMEN'S DAY

We at MVN Education believe in Women empowerment and inculcate this mindset to our younger generation so that girls could grow up to be fierce and compassionate women with a maverick approach towards life. A special assembly was conducted by the students of Grade VII, to recognize the achievements of women and acknowledge their increasing visibility in every sphere of life. The students presented an informative assembly which highlighted the extraordinary roles played by women in almost every walk of life and saluted the courage and determination of women who dared to be different.





FOUNDER'S DAY

**'Our Sir up in heaven
For now we are apart
You will always live inside us
Deep inside our heart'**

On the occasion of the 69th Birth Anniversary of Late Shri Gopal Sharma Sir - Founder Principal of MVN Schools, a special assembly was organised through the virtual medium by MVN School. The students and staff paid their humble tribute to Sir. Mr. Varun Sharma - President, MVN Society, Ms. Ruchika Sharma - Management Member, MVN Society, Mr. J P Gaur - Director, MVN School reminisced the close association and memories they shared with Sir.

Sir's vision continues to live on in each one of us as a guiding light even today.

'Sir, you may have gone from our sight
But you have never gone from our heart
Today as we remember those bright eyes with a vision and zeal that is outclassed,
we pledge that we'll keep alight the path kindled and ignited by you.'



FITNESS SESSION

In the wake of the unprecedented lockdown , fitness sessions are conducted for students. MVN has walked an extra mile organising and implementing various physical activities. In the prospect of home schooling during the unending lockdown, fitness classes for children gave superlative comfort by fruitfully channelizing the energy level of students.

This year we have focused on the basic and core definition of fitness that is body strength and mind and soul training. Apart from the regular classes we have successfully managed to organize MASTI KI PATHSHALA where students join in to be fit and experience their strength.



WORKSHOPS



EXERCISES FOR EYES

Children are attending online classes, reading, learning and connecting with family and friends ,all through technology .Due to COVID-19 pandemic, screen time has become an unavoidable necessity. At the same time, screen use has been associated with developmental issues, obesity, and poor sleep and eye development. So, apart from daily fitness regime ,a webinar on' Exercises For Healthy Eyes ' was conducted for the students of Grade II - X. The exercises will benefit the students to strengthen their eye muscles, help them focus better, ease eye movements, and stimulate their brain's vision center.



SELF-AWARENESS

‘Self awareness doesn't stop you from making mistakes, it allows you to learn from them.’

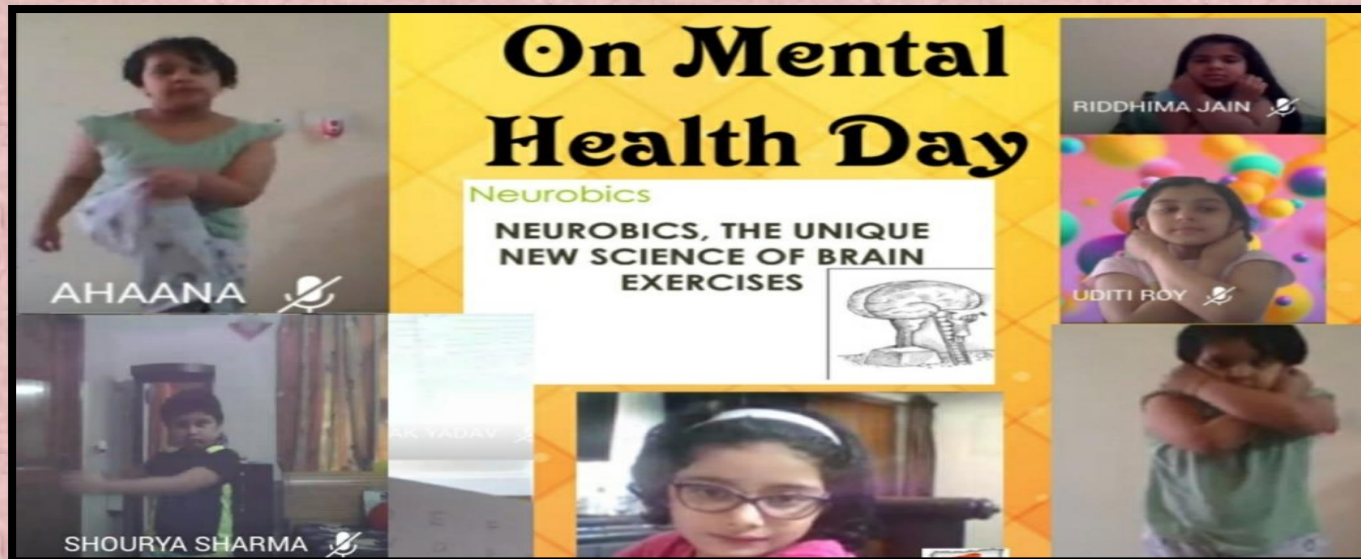
Webinars were conducted on self awareness for the students of Grade II – X in the month of November. The aim of the workshop was to help children relate well with people and increase their ability to achieve their goals by becoming aware of their strengths and aptitudes.



MENTAL HEALTH DAY

'Your mind is a powerful thing and when you fill it with positive thoughts your life will start to change.'

Mental Health refers to cognitive, behavioral and emotional well being. It is all about how people think, feel and behave. Mental health can affect our daily living, relationship and physical health. With the overall objective of raising awareness of mental health issues and mobilizing efforts in support of mental health, a special workshop was organised for the primary and the senior students. The students were also introduced to Neurobics which is a set of unique activities or mental tasks designed to stimulate the brain and help prevent memory loss. The students actively took part in these mind stimulating activities and greatly benefitted from them .



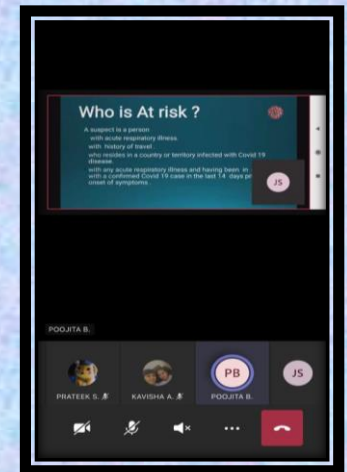
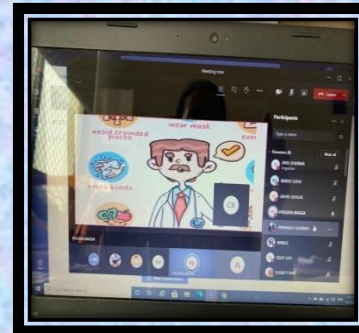
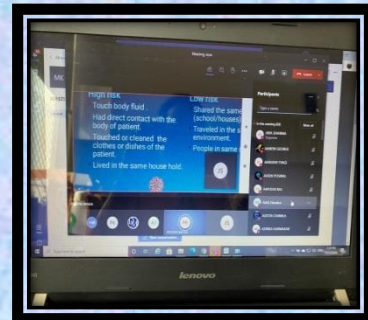
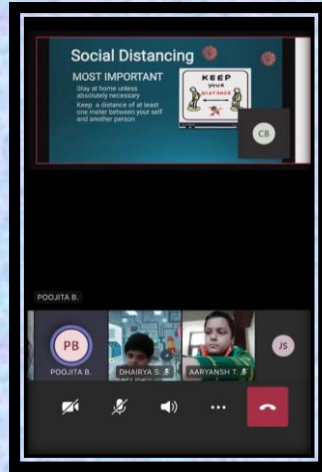
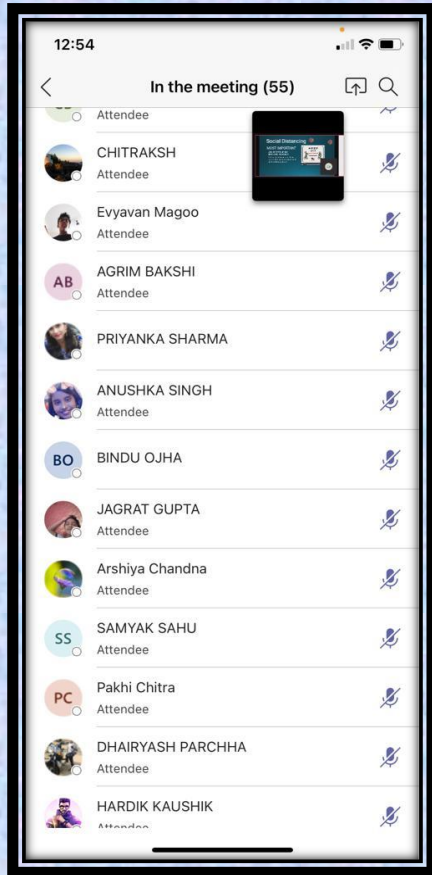
THE POWER OF GOOD HABITS

'The Power of Good Habits' Webinar was conducted for Grade VIII-IX in the month of January. The workshop emphasized on the importance of good habits and how habits play a vital role in our success and failures. The children were made to do a variety of activities in order to help them understand about the habits which can better their lives and the ones which can leave an adverse effect on their well being.



WEBINAR FOR PARENTS

The Parents of MVN were given an insight on of COVID 19 and its preventive measures. The workshop conducted by Ms. Poojita provided measures to prevent the transmission of the virus by adopting preventive practices. The workshop provided awareness and preparedness to fight this global pandemic.



ACHIEVEMENTS

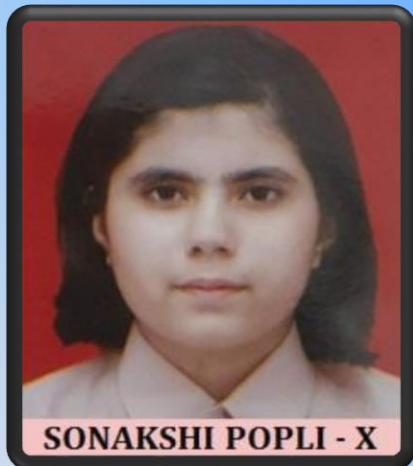


“Self- belief and hard work will always earn you success.”

Heartiest Congratulations to Suyasha Jain (Grade V) and Sonakshi Popli (Grade X) on their stellar performance in the Inter School (State Level) Virtual Speech Competition 2020 organized by Rawal Public School.

They have added another feather to our cap by being among the top 4 positions out of the 34 participating schools in this State Level Virtual Speech Competition.

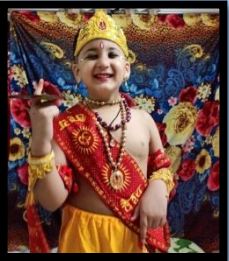
Rawal Public School			
Inter School (State Level) Virtual Speech Competition			
CATEGORY	NAME	CLASS	POSITION
PRIMARY CATEGORY	SUYASHA JAIN	V	FIRST CONSOLATION
SENIOR CATEGORY	SONAKSHI POPLI	X	FIRST CONSOLATION



BAL BHAVAN STATE LEVEL COMPETITION



Atharav Tyagi of KG Aster won the First Position In Diya Decoration



Himank Gupta of I-Camellia won the First Position In Best Dramebaaz



Arush Srivastava of I-Erica won the Third Position In Poster Making

- Ekakshara Pandey of MVN Grade II, has brought laurels to school. She participated in an online Drawing Competition 'ABHIVYAKTI' organized by DAV Public School, NTPC , Faridabad. She bagged the second prize.



DAV PUBLIC SCHOOL, NTPC FARIDABAD ABHIVYAKTI - 2020			
CATEGORY	NAME	CLASS	POSITION
FUNTASTIC	EKAKSHRA PANDEY	II A	SECOND

- Students of made us proud by excelling in the inter school competition 'Rangmanch' organised by The Modern School, Faridabad. Ashna Singh of class VI won the second position in the 'Nishabd Solo Mime Act'. Pratistha Bhardwaj of class IX secured the third position in the 'Navras – Solo Act' competition and brought laurels to the school.

S.NO.	EVENT	STUDENT NAME	CLASS	POSITIONS
1	NISHABD SOLO MIME ACT	AASHNA SINGH	VI	II
2	NAVRAS (SOLO ACT)	PRATISTHA	IX	III



OUR BUDDING SCIENTISTS

**Virtual Science Exhibition
Organised By Ryan International School, Faridabad**

**First Position in Category Artificial Intelligence
with Human Intelligence**

❖ **Shivank Goyal – X A**

❖ **Mohd. Aadil – IX A**



WINNERS AT AAN BAAN SHAAN MERA BHARAT MAHAN HELD BY RAWAL PUBLIC SCHOOL



Rudransh Mitra of I D won the First Position In
Fancy Dress Competition

Pramveer S. Bhamra of I D won the First Position In
Fancy Dress Competition



Oditi Singh of VI A won the Third Position In
Rock The Floor(Solo dance)Competition



Pradanya M. Chandorkar of VI A won the Third Position In
Mile sur Mera Tumhara Competition



OLYMPIAD'S ACHIEVEMENTS

**SOF INTERNATIONAL GENERAL KNOWLEDGE OLYMPIAD 2020-21
ACHIEVEMENTS**

MEDAL OF DISTINCTION

 VARDAAN BHARDWAJ GRADE II	 DHRITI GUPTA GRADE II	 DHAANYA GARG GRADE VI	 KAVYA RAJPUT GRADE VII
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GOLD MEDAL OF EXCELLENCE

 YASHAS GUPTA GRADE I	 SAMRAT DUTTA GRADE I	 SATVIK GARG GRADE I	 AADYA SOOD GRADE I
 VEDANT SINGH GRADE II	 MEHAR MEHTA GRADE II	 AGRIM BAKSHI GRADE III	

**SOF INTERNATIONAL ENGLISH OLYMPIAD 2020-21
CONGRATULATIONS**

ZONAL EXCELLENCE


**RIDDHIMA JAIN
GRADE - III
ZONAL GOLD MEDALIST, GIFT WORTH RS. 1000**

MEDAL OF DISTINCTION


**DHRITI GUPTA
GRADE - II**

GOLD MEDAL OF EXCELLENCE

 ADITRI SETH GRADE - I	 ARITRA SAHA GRADE - I	 ATHARV SEHGAL GRADE - I	 AALYA SETH GRADE - II	 VARDAAN BHARDWAJ GRADE - II
 KRISHA CHATURVEDI GRADE - II	 AEINDRI RAKSHIT GRADE - III	 KIMAYA ANAND GRADE - IV	 ANANYA JHUNJHUNWALA GRADE - VI	

**ALWAYS END THE DAY WITH
A POSITIVE THOUGHT.
NO MATTER HOW HARD THINGS
WERE, TOMORROW IS
A FRESH OPPORTUNITY TO
MAKE IT BETTER.**

- ANONYMOUS